

**Louisiana Region of Narcotics Anonymous  
Committee Meeting**

**Meeting convened at 10:20 am Date: Jan. 06, 2019**  
**12 Traditions – Terry V**  
**Concepts – Lee P**  
**Purpose – Pixie S**

**Administrative Committee**

<b>Chairperson – Pixie S</b>	<b>Present</b>	<b>(225) 335-4941</b>
<b>Vice-Chair – Wanda McD</b>	<b>Present</b>	<b>(423) 903-0012</b>
<b>Treasurer – Trent H</b>	<b>Present</b>	<b>(423) 903-0012</b>
<b>Secretary – Nikki B</b>	<b>Present</b>	<b>(985) 801-9281</b>
<b>Regional Delegate -</b>	<b>Open</b>	
<b>RD Alternate – Lee P</b>	<b>Present</b>	<b>(972) 898-2796</b>
<b>RD Elect –</b>	<b>Open</b>	

**Standing Committees**

<b>A&amp;F - Melissa R</b>	<b>Present</b>	<b>(985) 517-0257</b>
<b>H and I – Scotty H</b>	<b>Absent</b>	<b>(337) 304-3419</b>
<b>Outreach– Robbie L</b>	<b>Present</b>	<b>(318) 201-9383</b>
<b>Public Relations – Richard T</b>	<b>Present</b>	<b>(318) 578-0344</b>
<b>Policy – Jessie G</b>	<b>Absent</b>	<b>(225) 288-7280</b>

**Interested Parties**

<b>BOD Chair – Bob S</b>	<b>Present</b>	<b>(225) 335-4940</b>
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Area Service Representatives

<b>Acadian – Terry V</b>	<b>Present</b>	<b>(337) 693-9630</b>
<b>Greater Baton Rouge – Roy M</b>	<b>Present</b>	<b>(504) 606-8988</b>
<b>Bayou Recovery – Elmore B</b>	<b>Present</b>	<b>(225) 663-0313</b>
<b>Central – Wanda McD</b>	<b>Present</b>	<b>(423) 903-0012</b>
<b>Lake – Nikki B</b>	<b>Present</b>	<b>(337) 884-0231</b>
<b>New Orleans – James G</b>	<b>Present</b>	<b>(504) 234-1120</b>
<b>North – Richard T</b>	<b>Present</b>	<b>(318) 578-0344</b>
<b>Northshore – Damien T</b>	<b>Present</b>	<b>(985) 335-6530</b>
<b>Unity – Steven H</b>	<b>Present</b>	<b>(504) 377-7491</b>

Chair Report

Hello Everyone:

Thank you for allowing me the opportunity to serve another year and to give back what has been given so freely to as a member of NA.

A few of my goals for this year are:

To help in the process of reformatting and updating the policy manual.

To help the treasurer create an excel spreadsheet to better explain our finances and prudent reserve.

To help Public Relations get the word out about NA for the state of Louisiana and to see how our website can improve communications between the Region and the Areas as well as with the public.

I will continue to promote and support Regional activities as I hope everyone here will do the same. I believe Pre-Christmas Night of Fun had the most people who participate at the Region in attendance than any I have seen prior. Good job!

I want to let the ASR's understand how important it is the Region is here to support your Area. We are here to serve you. If your Area is struggling in anyway, or needs help with an H&I workshop, a Unity Weekend, Insurance, website support, etc.... we are here to help you. If the Areas don't know what we do then let them know. If they have questions, call. I do answer the phone and if I don't, I will call back.

I appreciate each of you being here for my recovery.

Sincerely,  
Pixie Storer

**Motion to accept Oct 2018 minutes  
Passed**

## ASR Reports

### Acadiana

Hi family

Acadiana area is doing well. Acadiana has 12 meeting places with 32 meetings a week. H&I have 4 commitments a month that are filled with 12 meetings a month. We will be hosting the pajama jam March 23th which is a convention fundraiser. Flyer attached

In loving service

Terry V

### Bayou Recovery

Bayou Recovery Area has 16 home groups carrying 40 meetings each week. Our H&I carry 3 meetings into local facilities and 4 units at dci prison in Jackson, LA as well as LCIW. Meetings at DCI are bi-weekly and LCIW has gone from bi-weekly to weekly. No regional donation this quarter. DOC volunteer training dates 2019

Jan 26, 2019 at 8am

April 6, 2019 at 8am

July 20, 2019 at 5pm

Oct 5, 2019 at 8am

In loving service,

Elmore B

### Central Area

Hey family

Central Area is doing well. We currently have 8 active groups and 23 regular meetings each week. Central area had elections and created outreach subcommittee. Jones street Saturday night 7pm is now a gratefully dedicated Book study. Our ASR resigned due to work and the alt was removed for lack of attendance. Inter Asr is Wanda and ASRA is Robbie.

In loving service

Wanda McD

### Greater Baton Rouge Area

All is well. Recently updated our meeting list and will make sure to get a copy to regional website. Proceeds/Profits from annual fish fry (\$160) have been given to LRCNA committee chair. ASR position is currently vacant, Roy M filling in temporarily at region. We have 16 meeting in our area with 13 groups. We are carrying H&I meetings to BR Detox with bayou recovery area. We are ready and willing to host April 6-7<sup>th</sup> regional ASC. No donation today but will have a donation at next region.

ILS

Roy M

### Lake Area

Hi Family,

I am representing the Lake Area. Our area has 8 groups and 39 meetings a week. The H&I commitments are to the local state funded treatment center on Sundays and the Calcasieu Parish Jail on Fridays and Tuesday. Lake Area Freedom, Agape and Spirt of the Bayou all have monthly speaker meetings. The Howl group has quarterly speaker meetings. The upcoming event for the Lake Area is a H&I Workshop being put together. The workshop will be held Saturday February 2<sup>nd</sup>. Flyer will be sent out in the next 10 days. Melissa R. has contacted me about holding the Gumbo Cook-off in the Lake Area on Saturday April 13<sup>th</sup>. We are still waiting on approval. The Agape group has moved. The new location is 1217 Broad Street, Lake Charles, LA. The region website will reflect the new address changes. The NA meeting search on the NA app has also been updated to reflect the move. The 7<sup>th</sup> tradition is \$150.

In Loving Service

Nikki B

### New Orleans Area

New Orleans Area currently has thirty home groups and fifty-four meetings per week. We also have five weekly H&I commitments being fulfilled. I recently learned in the last week or so that a place we regularly went to, Odyssey Detox, has asked us to no longer be there because of an altercation between one of our panel members and a client/patient. I will keep you updated by next Region on how this resolves, if at all, and if a NA ban has the potential to be lifted. The PR/PI committee that me and your illustrious RD Alt are a part of have been very active. We recently designed and printed fifty simple and effective NA flyers to distribute and hang in various public places community-board style. Places such as libraries, methadone clinics, healthcare facilities, coffee shops, needle exchanges, etc. are actively being canvassed by a core group of us and a master list of these sites will be compiled, maintained and updated. I've also started reaching out to healthcare professionals, particularly Ochsner, to see about developing contacts and relationships to get our literature, information, and general NA awareness in to that system a bit more. This includes potentially getting a PSA to circulate on their CCTV. The New Orleans Area A&F will be having a free function to celebrate NA's 65th(???) or some-lovely-number Anniversary. It will be at 3101 Erato St on February 16th. I've yet to see or receive a flyer for this event but the moment I get a hold of one I will send the flyer out to you all.

In loving service,

James G

### North Area

Hello Family,

The North Louisiana Area is alive and growing. With the addition of the Hope Fiends Group in Farmerville, LA and the We'Covery Group in El Dorado, AR our Area now has nine groups with seventeen meetings in six cities and two states – Bossier City, Farmerville, Ruston, Shreveport, & Springhill, LA as well as El Dorado, AR. We are spread out geographically covering an area approximately seventy miles east to west and sixty miles north to south with El Dorado being a one hundred mile drive from Shreveport. Camp Recovery went really well this year with around seventy-five campers. Food, fun and fellowship. A good time was had by all. I'd like to give special thanks to the all the NA members in attendance from around the Louisiana Region for their support. We will try to reciprocate. For the first time in years we have no open positions at the Area level. A couple years ago "open" held way to many

positions. We are fortunate to have the following trusted servants: Chair (Daniel S.) ; Vice Chair (Rodney); Secretary (Adam M.); Treasurer (Lauren W.); ASR (Richard T.); ASR-Alt (Valerie M) Subcommittees Activities (Micah C.); H&I (Sara K.); Literature (Jamie C.); Outreach (Heather S.); Policy (Ruthie C. ); PR (Jessica P.)

The H&I meeting each Tuesday at CADA in Bossier City is well received and we are seeing more CADA alumni in our meetings. Special thanks to Sara K. and all who have stepped up to help out.

Jessica P. is hosting a helpline workshop on Saturday the January fifth in Farmerville to get volunteers trained to man the helpline. We are also in process of implementing Yap for our Helpline.

Others are working on various projects and it looks like we're off to a good start for a promising new year.

ILS

Richard

### Northshore Area

Hello family

The Northshore area has 14 groups with 39 meeting per week. The New Life group in Frandlinton has folded after meeting for 19yrs due to financial insufficiency. The Trouble no more group in McComb, MS has petitioned to join our area and been accepted. Our A&F committee hosted a service structure learning day and GSR orientation on Dec 3, which had 20 members in attendance. We also have an upcoming Mardi Gras Ball. More information will be available once a venue has been secured. Our H&I committee has 2 panels per week at Fountainblue rehabilitation center. Responsibility for panels are shared throughout the area. Our anite jail meeting is still suspended indefinitely. We are still waiting to hear back from the Tangipahoa parish jail regarding their decision to allow meetings. Our recent nominations and elections for administrative officers and subcommittee chairs have resulted in the following: Chair-John R, Vice-chair Rock H, Secretary – Shea K, Treasurer – Melissa R, ASR – Damien T, ASR Alt – Gage R, PR – Matt B, Policy – Sam G, H&I open. Our area has a donation of \$859.04 at this time. Thanks for allowing me to service  
Damien T

### Unity Area

Hey Family,

Unity Area has 20 active home groups and 24 weekly meeting. Our H& I subcommittee members go to Salvation Army every other Tuesday, Grace House every other Wednesday, River Oaks every Friday. Our PR subcommittee continues to make efforts to grow our Phoneline and carry the message. Our Facebook private group currently has 195 members. Unity Area A&F had successful Marathon Meetings on both Thanksgiving Day and Christmas Day we have no current events or fundraisers planed. We have two new meeting since last Region. New Beginnings on Tuesdays @ 8PM at 16960 highway 90(Fire Station) in Des Allemands and Straight and Narrow (closed meeting) Fridays 6:30PM at 6330 Vicksburg St. in New Orleans. If you can come out to show these meeting some support please do.

In loving service,

Steven

**Standing Committee Reports****Treasurer**

RSC Treasurer Report 01/06/2019

Starting balance		\$17,439.31	
Donation - Unity Area		\$ 300.00 +	
Donation - Central Area		\$ 132.72 +	
Donation - Northshore Area		\$ 466.20 +	
Donation - Northshore Area		\$ 392.84 +	
Donation - Lake Area		\$ 150.00 +	
RSC Balance Returned - Acadiana Area		\$ 36.77 +	
Melissa R. - Travel	ck#1685	\$ 91.53 -	
Wanda McD. - Travel	ck#1686	\$ 65.00 -	
Greater Baton Rouge Area	ck#1687	\$ 300.00 -	M#2019-01-02
Melissa R.	ck#1688	\$ 300.00 -	M#2019-01-03
Melissa R.	ck#1689	\$ 682.50 -	M#2019-01-04
Nikki B.	ck#1690	\$ 55.00 -	M#2019-01-05
Bob S.	ck#1691	\$ 250.00 -	M#2019-01-06
Current Balance Total		\$17,173.81 *	
Minus Prudent Reserve		\$ 7,500.00 -	
Unencumbered Funds Total		\$ 9,673.81 *	
10% Donation to WSO		\$ 967.38 -	
3% Donation to SZF		\$ 290.21 -	
Working Balance		\$ 8,416.22 *	
Add Prudent Reserve		\$ 7,500.00 +	
Current Total Balance		\$15,916.22 *	

Thanks for allowing me to serve,  
RSC Treasurer:  
Trent H.

**Regional Delegate**

Vacant

**RD Alt.**

See attachment

**A & F.**

A&F Report

1-6-19

Hi family, so happy New Year to everyone-it's that time of the year for planning of the 5th Annual Gumbo Cookoff to be held in Lake Charles, March 30, 2019 at the Agape Group. There is a flyer attached. I hope all will attend.

So I've been in contact with Unity & New Orleans area and we will be holding the 5th Annual Unity Day Speaker Jam for both areas. We are in talks about the location being at Bayou Segnette State Park which will be \$600 a night. I will be putting in a motion for additional funds for this function (higher than budgeted funds of \$750) so the location can be booked ASAP.

Upcoming functions:

January 18-20...23rd Annual Meditation Retreat by Shipwreck Group of NA— North Toledo Bend State Park

January 19...Poster Day—Grace Baptist Church

Baron Rouge, LA

January 25-27.. SZF...Holiday In Metairie N.O. Airport

Metairie, LA

February 9...Valentines Dance—Tentative location, Grace Baptist Church, Baton Rouge, LA (Bayou Recovery)

March 9...Mardi Gras Ball—TBA

March 30...5th Annual Gumbo Cookoff—1217 Broad St Lake Charles, LA (Agape Group)...11am-5pm

Speaker: Rob T (Texarkana, TX).

In Loving Service, Melissa R

**H&I**

Hi Family,

Please excuse my absence. I started a new job and I'm in Nashville training until the 11<sup>th</sup> of January. I also want to apologize for not doing anything for H&I the past few months. I am asking Nikki B to have all the ASRs please write down their H&I's reps for their region and how to contact them. I will make contact with every one in the next 3 weeks to set up any H&I commitments that are needed in the prospective areas.

I have also printed a copy of the H&I handbook and policies so I will be better prepared. I also was not given anything from the previous H&I committee chair so I've been at a loss.

Thank you for your understanding and I'm looking forward to working with all the areas to make sure all the H&I needs are taken care of.

In loving service

Scotty H.

**Outreach**

Hello family,

I want to thank you for letting me serve you and your areas.

Our current Outreach projects include:

\*Working with the CLANA area to establish a subcommittee for Outreach in their surrounding areas. They have expressed a need to carry the message to Lasalle Parish.

\*We also have a new project to work with H&I and PR to help Rose C. In Madison, LA. She is requesting assistance to have the NA message to not only her area but also into the LA Transitional Center for Women in Tallulah.

\*We plan to work with Lee P. To see how we can locate the areas that are not getting awareness of NA.

\*If your area is looking for any support please have your area's contact let me know.

\*I will continue my efforts to fully understand the full responsibilities of the regional outreach subcommittee.

Thank you for allowing me to serve,

Robbie L.

Regional Outreach Chair

318-201-9383

Robbie@Deltamerchantservices.com

### Public Relations

Hello Family!

I'd like to thank y'all for allowing me to be of service. It means a lot to me to be able to give back some of what this program has given me. I was talking with our new PR Chairman at the North Louisiana Area and she asked if she worked for me now since I was the Regional PR Chairman. I had to explain to her that she had it backwards that I worked for her – and all the other PR Chairmen in the Region. I will to the best of my ability use all the resources at my disposal to provide assistance when needed. The areas I'm hoping to concentrate on are: 1. Provide PSA's to run on local television. I have spoken to Jared L. , the PR Chairman at the New Orleans Area and he can do the video editing and is familiar with what it takes to get it accepted by the broadcasters. He is also willing to do a workshop on this. I will be talking with him at SZF in New Orleans. 2. Assist Areas in keeping the BMLT database up to date. There are more and more services that depend on this data – helplines, meeting searches on smartphones and computers, and more. Any and all input will be appreciated. The way this works in most Regions is each Area has a designated meeting list admin that is responsible for keeping the database current. They are trained to be able to access the server directly and keep the data for their Area up to date. It's not hard to do and doesn't take long. I'd be happy to do a workshop if there is enough interest. In the short term I will have available "worksheets" that list the meetings in the database for each area with enough room to make notes about any changes. This then can either be give to me or emailed to Steve S. for changes to be made. 3. Encourage utilization of the Regional website – especially the event calendar. If you are having any event – from your monthly ASC to a major Fais do do, get the info to me or Steve S. I have been given limited access to the website – mainly to be able to post events. If you have any today I can post them from here in real time. 4. Make everyone aware of YAP – the helpline that interfaces with the BMLT database. We are transitioning to it at the North Louisiana Area and I believe Steve is developing it for the Bayou Recovery Area. We can also use this to implement a number for the Region that would then rout to the appropriate helpline if there is enough interest. 5. Enlist the services of any Area PI chairman or other experience party that excel in a particular area of PI to assist with workshops. Each of us have some specialty that would contribute to our knowledge base as a whole. I'm looking forward to a great year.

ILS

Richard T.

### Policy

No report



**Information of Interest**

**B. O. D. Chairperson**

See attached

**OLD Business**

**ALL POLICY CHANGES**

2018-10-01	to change pg 10 regional alt elect #3	PASSED
2018-10-02	pg 11 #12 take out	PASSED
2018-10-03	pg 11 election of officers #7	PASSED
2018-10-04	pg 14 general guidelines remove #5 & #7 completely	PASSED
2018-10-05	pg 12 terms of service #2 change	PASSED
2018-10-06	pg 10 Explanation of elections	PASSED
2018-10-07	pg 7 reports section	PASSED
2018-10-08	entire policy reformatted to fix numbering bullet and pg numbers	PASSED

**New Business**

**Motions:**

2019-01-01	Region host area pages on regional website	Passed 5/2/1
2019-01-02	\$300 to host next region	Passed 8/0/0
2019-01-03	\$300 for annual gumbo cook-off	Passed 8/0/0
2019-01-04	\$682.50 for annual speakerjam	Passed 7/0/1
2019-01-05	\$55 for secretary out of budget	Passed 8/0/0
2019-01-06	\$250 for literature at angola	Passed 8/0/0

**Regional Rotation**

**April 6-7<sup>th</sup> Greater Baton Rouge**

**July – 6-7<sup>th</sup> Northshore**

**Oct 5-6<sup>th</sup> New Orleans Area**

**Jan 4-5<sup>th</sup> Bayou Recovery**

**April 4-5<sup>th</sup> Unity Area**

**July 11-12<sup>th</sup> Central**

January 6<sup>th</sup>, 2019

Hello, Louisiana, Regional Participants,

We have a couple things that are in my report, one for information and another for us to discuss today. For information; Our "Regional Conscious" came up with the IDT (Issue Discussion Topic) of "Making NA Attractive". We have willing members from the Zone and the New Orleans PR Chair, ASRA, and a PR Member that will put on that workshop on Saturday January 26<sup>th</sup>, 2019 at the Southern Zonal Forum. I'm passing out the updated Flyer for the upcoming Southern Zonal Forum. Are there any questions about this upcoming Service Opportunity?

For information; Our Region donated \$264.03, and N.S. Area donated \$82.11 to the Southern Zonal Forum.

To simplify I've included a copy of the program from the Multi Zonal Service Symposium in my report. There is also a Webpage,

<https://mzssna.org/>

ASR's, all topics included in the program are available for IDT's in your Area. Your Area would plan it and the dates and times can be determined by us if you're interested. I'll pass one copy around for you to look at also. One amazing thing that happened, all the Zones in the United States were represented and present at this service event... WOW! Please read the portion **"Combined Zonal Meeting – Southern, Midwest and Plain States Zones"**!

(This topic is included in the minutes from the Southern Zonal Forum)

This is an ongoing conversation and I will keep Y'all posted as more information comes in. There was a ton of passion and interesting ideas during this discussion. The Southern Zonal Forum initiated this conversation a little while back. It will be interesting to see how this develops. I don't have much more information and will attempt to answer any questions that I can... Questions?

There's a copy of the minutes from the Southern Zonal Forum included in my report and here's one copy to pass around.

This is for discussion; there is a push in discussion(s) about the places that we aren't reaching with the Narcotics Anonymous Message. I'm asking for a brief session today for us to "free fall discuss" this matter? It doesn't have to be long and we can put a time limit on the discussion? Are we ok with this? If so, I'm asking for ideas out of the box, outside the box as to how we can identify the places in our Region where NA doesn't exist. What can we do as a Region? How do we approach this? All ideas will be recorded for future use in upcoming discussions. How does our Region feel about using BMLT/yap? This is just one way to help us in identifying the locations in the State that we aren't reaching. ASR's please pass your local meetings schedules to

me. These will be used to identify area's where we aren't. Hopefully we'll come up with some idea's on how to reach those area's...

This month January is when we bring nominations to the floor of Southern Zonal Forum for a new Facilitator. Anyone have anything on this?

Well I think that's everything and I hope that this information was helpful.

In loving service,

Lee P. Alternate Delegate

(972) 898-2796

leejster@gmail.com

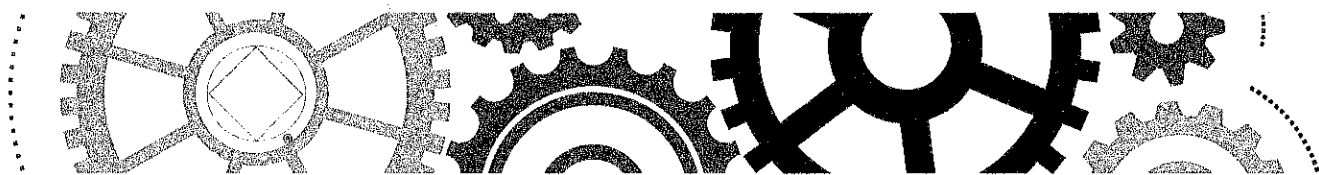
📍 PO Box 700192, Dallas TX 75370 📧 [info@mzssna.org](mailto:info@mzssna.org) (<mailto:info@mzssna.org>)

🛒 (<https://mzssna.org>)

Account Details (<https://mzssna.org/my-account/edit-account/>)

Orders (<https://mzssna.org/my-account/orders/>)

[/my-account/orders/](https://mzssna.org/my-account/orders/)



(<https://mzssna.org/>)

# Multi-Zonal Service Symposium (<https://mzssna.org/>)

HOSTED BY PLAINS STATES, SOUTHERN, AND MIDWEST ZONAL FORUMS

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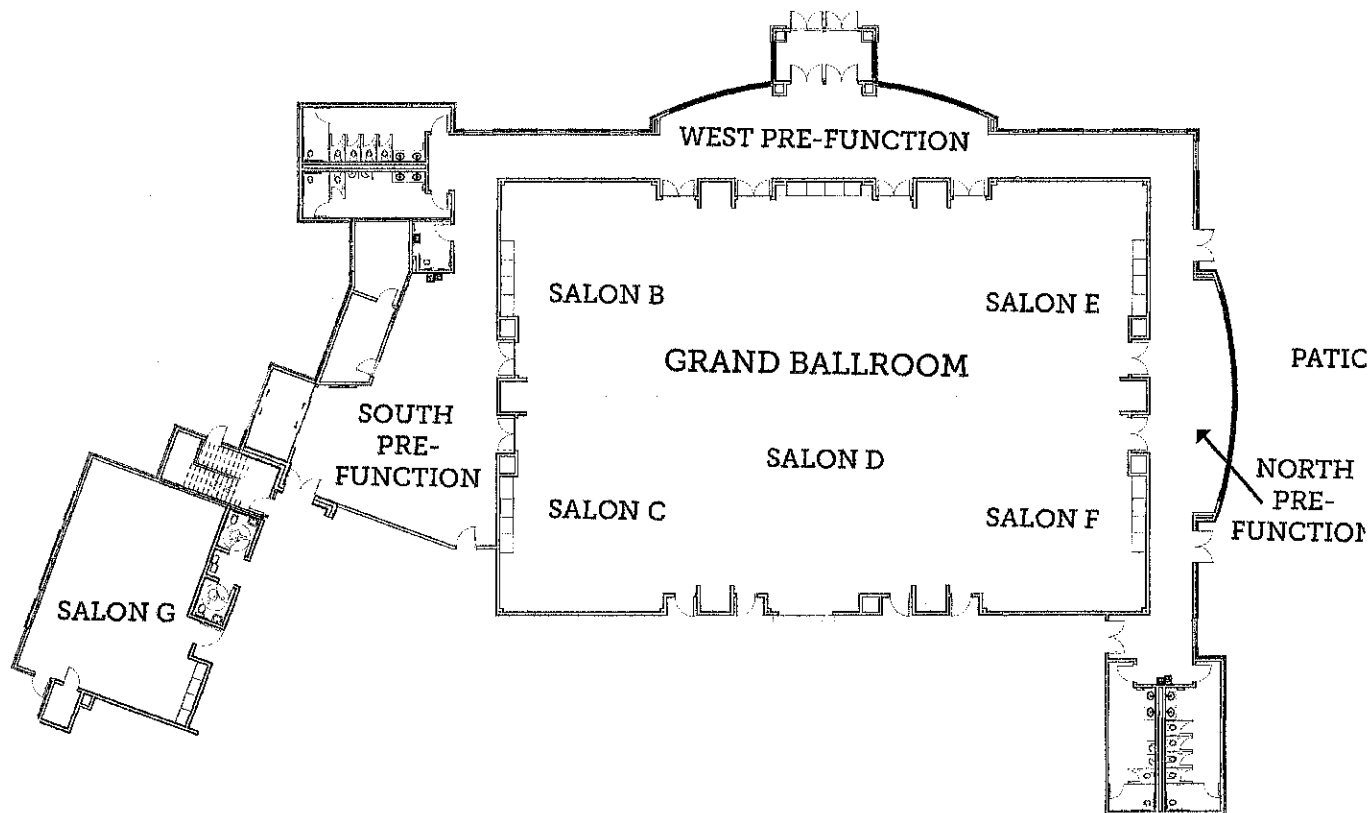
**SURVEY** (<https://mzssna.org/about/post-symposium-survey/>)

Please refer to the diagram at the bottom of the page for the hotel's convent space layout.

START	END	SESSION 1	SESSION 2	SESSION 3
<b>Friday</b>				
7:00 AM	8:00 AM		Recovery Meeting	
8:30 AM	9:00 AM		Registration For Professionals Presentation	
9:00 AM	12:00 PM		Narcotics Anonymous: A Vital Resource In Our Community	
12:15 PM	1:30 PM	Women in Service Luncheon	Men In Service Luncheon	
2:00 PM	3:30 PM	BMLT	How To Plan A PR Presentation	Something Finacial
4:00 PM	5:30 PM	Websites 101	WSC Progress	
5:30 PM	7:30 PM		Dinner Break	
7:30 PM	10:00 PM		Welcome / History Of The Basic Text	
10:30 PM	12:00 AM	Mentorship & Continuity	Game For Training GSR, RCM	Young People In NA
<b>Saturday</b>				
7:00 AM	8:00 AM		Recovery Meeting	
8:30 AM	10:00 AM	How We Choose our Trusted Servants?	IDT – DRT/MAT	How To Build A Nationwide Phoneline (YAP)
10:30 AM	12:00 PM	Making Sh*t Happen Through Virtual Workgroup Communications	Meditation Book Writing	Building Strong Home Groups
12:00 PM	2:00 PM	Lunch Break		
2:00 PM	3:30 PM	PR Basice And Beyond	Rural/Isolatated Communities	IDT – Making Servie Attractive
4:00 PM	5:30 PM		NAWS Update	
6:00 PM	7:30 PM		Banquet	

START	END	SESSION 1	SESSION 2	SESSION 3
7:30 PM	10:00 PM	Main Speaker Meeting – Speaker Panel From All Three Zones		
10:00 PM	11:30 PM	Social Media	Zonal Discussion	The Most Awesome NA Funtion I Ever Attended...!
<b>Sunday</b>				
7:00 AM	8:00 AM	Recovery Meeting		
8:30 AM	10:00 AM	Sponsorship Behind The Walls	IDT – Carrying The NA Message And Making NA Attractive	Why Do An Area Inventory And What to Do With It Once You Do It?
10:30 AM	11:00 AM	Closing Session		
11:00 AM	?	Southern Zone	Midwest Zone	Plain States Zone

## Hotel Layout



**Southern Zonal Forum**  
**November 4, 2018**  
**Multi-Zonal Service Symposium**  
**Omaha, Nebraska**

The meeting opened at 11 a.m. with a moment of silence followed by the Serenity Prayer.

The minutes from July 27 -29, 2018, were accepted.

**Bank Account Update**

Randie and BJ have been removed from the checking account. Henry is still on. Staci added. The checking account was set up as a personal account when it was set up, so Scott can't be added from another local. In New Orleans, Staci and Henry can go with Scott to the bank and add him.

Comment: We might consider changing to a business account.

Q: Can we get details of how much it would cost to change from individual to business account?

A: Yes. Staci will research.

**Treasury Discussion**

Staci asked for permission to write herself a check. She's the only signer present. All were okay with this.

\$340.96 for Staci's hotel, airfare and parking.

Staci paid with the debit card for 2 nights. One for Lucy and one for Staci.

\$241.60 for Lucy's airfare and parking.

Lee has asked for seed money (\$300) for t-shirts. All were okay with this.

At beginning of this weekend, we had \$5319.09 in the bank

After 110.45 for 2 hotel nights this weekend – Staci & Lucy

Minus \$241.60 and \$340.96

Q: Does Lee have wiggle room for t-shirts? He will try to stay within budget. If he can't, he'll call Staci.

Comment: There's a place in guidelines for how hosting a forum works.

Checks can and should be mailed to Scott since he's the treasurer.

Donations since last meeting:

Louisiana Region – \$246.03

North Shore Area – \$82.11

Show Me Region – \$200

BJ deposited \$100 on August 29 from the Primary Purpose group, Bonham, Texas

## **Guidelines**

Q: There was a question about updates to the guidelines.

A: What has been done will be sent out. There were no procedural changes, just housekeeping.

## **Regional Reports**

We didn't plan on doing regional reports because we normally do those on Saturday, but there were a few who offered communications from their regions.

**Volunteer Region/Jim B:** Reestablished H&I subcommittee. We've had two meetings with 8 of 10 areas participating. We provided new H&I handbooks to all 10 areas. We're using Zoom and Google docs. We have a list of treatment centers/correctional facilities in the region. By 2019, we want to contact and make presentations in all facilities that have asked us to do so. We're doing all of this without an H&I chair with a group of H&I area chairs coming together. All committees are up and running.

**Red River Region/BJ:** BJ asked a question at last region. Where are we at as a region? Are members being served? Members were asked to send back their feedback. Hopefully this will get the region motivated. We haven't had much rotation in regional service. One area is not doing very well. Only two people are doing service at the area level. How can we make that better? Are we being of service? What services are being provided? He didn't call it an inventory when asking the questions, but that's technically what it is. Things need to change. One area is great. One practically dead.

**Volunteer/Charmaine:** There's a push in the region to entice the conventions to have service workshops. And not just be speaker meetings, but real workshops... to incorporate some of what we've done this weekend. VRC will have a couple of service related workshops.

**Kentuckiana/Joy:** Kentuckiana rotation for workshops in 2019: Across the Rivers will do the convention Easter weekend. South Central H&I and PR. Pennyrile Area – traditions.

2020 KRCNA

502 is going H&I and PR

Ovanna – traditions and concepts

An addict suggested doing workshops during convention.

We have two nominations for AD - Suzanne and Kevin.

## **CAR/CAT in January 2020 in the Lonestar Region - January 24-26**

They've asked about the hotel where the convention is held. In January they should have a general idea of where, by July at least.

Room block is 10 – which is what to get quotes based on – and close to airport.

Rod B, Lonestar RDA – letting region know the SZF is coming up in the Lonestar Region in case there are others in the region who want to host in January.

Comment: We probably had 20+ rooms in Nashville (Jan. 2018) because of the unique situations - 5 regions had CAR reviews there. If we have the ability to combine efforts with another zone for CAR



review this would make it easier for the World Board. The idea of having 20 or so regions there for a CAR/CAT review sounds appealing.

Q: If we limit it to 10 for the room block, can we get more rooms for that same price? Lonestar is asking the hotel that question and also looking at surrounding hotels.

Southeast Zone/Danny: CAR/CAT on the agenda for the December meeting so he can't officially speak for the zone now. They don't invite the board to the CAR workshop because they have a good grasp on the material. They invite the Board to the CAT workshop the 1<sup>st</sup> weekend in February.

Here's an idea: Maybe in our guidelines we can move the hotel date from January to July to get a contract.

Jim: Can we stick with function? Can SE zone facilitator chat with Staci about this combined idea of a CAR/CAT workshop?

Suggestion to reach out to Plains States also. Dallas/Fort Worth is large enough

Danny: maybe set times for zonal meetings at that time. Maybe a session dedicated to talking about how to collaborate better.

Last night when we were talking about the 3 zones - what we do well is collaborate and conversate. Conversation definition: informal discussion of ideas in spoken word.

There's a region in Plains State thinking about coming to the Southern Zone. ?

Invitation to join with CAR/CAT should go to all three zones.

Is CAT always available by the end of January? Typically. We just need to ask WB to include the CAT Bluegrass is summer 2019, July 26-28, at the Hampton Inn - in Lexington probably.

Arkansas is not here, but slated for 2019, October 25-27.

### **Other new business item**

#### **Video software**

Gotomeeting is usually paid at the end of January / 1<sup>st</sup> of February.

We've had conversation around switching to Zoom. Lucy will research.

MZSS uses Zoom

If we were a 501 c3 we could get a charitable rate.

We could check on a 2 host license. VRSC could possibly purchase it and get 2 the hosts version using their 501c3.

Kristen wants to use Zoom with Fellowship development, maybe Wufoo.

Planning to get some dates set. (Doodle might be the better option if looking for dates the most folks can attend.)

### **NAWS hosts 2 separate PR webinars**

- 1) Zonal/Fellowship Development/PR. They sent Staci an invite. Staci is sending it to Kristin who's on the new zonal workgroup. Not limited to who can participate. Not sure where original invite went.

Comment from Charmaine: She has attended all of the regular PR webinars and would like clarification on this webinar. Is this for a zonal representative?

Reply: Kristin is our point person for FD and PR. Delores made the decision to step back but will be glad to help Kristen. Delores is going back to local level service. Staci appointed Kristin as the point person for this webinar who will report back with details. January 12 is the next date for this Zonal PR webinar.

- 2) PR "open to all" webinar. Next one is December 17 at 4 PM Pacific time.

### **Combined Zonal Meeting – Southern, Midwest and Plains States Zones**

Going back to conversations from last SZF - clear direction was to extend invite to the other two multi zonal zones.

We asked the MZSS committee to provide space. They added facilitators. We had the good fortune to have representation from all the zones. Part of our original intent got a little lost, much broader than intended. We are planning on sending out an eblast to the MZSS registration list and gather data for a best time to come up with follow up conversation.

We'll send out the blast. Find out what we get back. Disseminate information. Find best times.

We need to facilitate the conversation.

Last night we went astray when it was opened up to "beyond our wildest dreams."

Staci will write a 'cover' letter/paragraph to go with the eblast. It will also include a form for entering regional/zonal meeting data.

One idea last night was for each zone to have two representatives and all have a sit down. But that is probably further down the road when we get to strategic planning. Let's capture those ideas and save them for when we're ready.

### **MZSS**

Anyone who wants to be involved in the next one, go to the website and fill out a service resume.

Q: In previous years, have we always had NAWS doing their track? A: yes.

1<sup>st</sup> one we didn't use them enough. 2<sup>nd</sup> one expanded. 3<sup>rd</sup> at their urging, we used them more. It's been an evolution.

In the initial planning before 1<sup>st</sup> one, conversations with NAWS was to include things that came out of the conference.

### **NEXT SZF in New Orleans:**

Lee passed out flyers for the next SZF.

- 1) Volunteer Region will do the DRT/MAT at VRC and volunteered to do this in January. Jim interested in someone else doing this with him. Lonestar volunteered
- 2) Spiritual Principle a Day – Staci and Sharon
- 3) Making NA Attractive – Kristin and Lee working on this one. They're trying to get a local PR member involved.

Cut off for room block is December 28.

In loving service,  
Lucy O

## Contact List

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Nikki B (337) 884-0231 <a href="mailto:nbailey@randrconst.com">nbailey@randrconst.com</a>	Secretary	Roy M (504) 606-8988 <a href="mailto:mitchellroy036@gmail.com">mitchellroy036@gmail.com</a>	GBR Area ASR
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Jessie G (225) 288-7280 <a href="mailto:jesthewayitis1966@gmail.com">jesthewayitis1966@gmail.com</a>	Policy	Lori Curtis (504) 939-2999 <a href="mailto:trulysouthern@gmail.com">trulysouthern@gmail.com</a>	member



**Is Coming to the New Orleans Area/ Unity Area of  
The Louisiana Region  
January 25-27th, 2019**

- January 25<sup>th</sup>      2:30 - 4:00 PR Presentation to Professionals
- January 26      8:00am - 9:00am Recovery Meeting  
9:15am - 5:00pm SZF & IDT Workshop(s)  
1.) Daily Meditation Book Project (Working Input)  
2.) IDT Making NA Attractive  
3.) IDT Drug Replacement Therapy/Medically Assisted  
Treatment

***\*\*Local meeting locations will be provided (List of eateries)***

- January 27      8:00am - 9:00am Recovery Meeting  
9:15am - Noon Southern Zonal Forum Business Meeting

**Hotel Information: Holiday Inn Metairie New Orleans Airport  
2261 N. Causeway Blvd. Metairie LA. 70001**

**Tel: (504) 373-5946 Fax: (504) 301-0174**

**The Guest Room Rates will be \$109.00 on a Single/Double/Triple/Quad  
Occupancy Basis. Please note, rooms are subject to any applicable taxes. The current  
Sales/Occupancy tax is 14.75%.**

**Room Block CUT OFF DATE is 12/28/2018 Please book your rooms early..**

Call 1-800-465-4329... Call (985) 285-5660 Karl for Transpmtatiou Needs....

January 5<sup>th</sup> & 6<sup>th</sup>, 2019

Members and Trusted Servants of the Louisiana Region:

As is our custom, we are including minutes for the HCC meetings (LRCNA 37 8/26, 9/30, and 10/28 as well as LRCNA 38 12/16) along with this report. We also had a LRCC Board meeting on November 11, 2018, and a special meeting to confirm newly elected officers for LRCNA 38 on November 18, 2018, but those minutes are not available yet and will be included with our April report.

After you awarded LRCNA 38 to the Alexandria bid committee at the last RSC meeting, members of the board went to Alexandria and held elections for their HCC on November 3, 2018. Wanda M. was elected as chairperson, Robbie L. was elected as Vice Chair, and Bob M. was elected as Treasurer. All three attended the special LRCC meeting on November 18<sup>th</sup> and were confirmed by the board.

Since that time, LRCNA 38 has elected:

Secretary: Alexa H  
Hotel Liaison: Doug F  
Arts & Graphics: Jeremy B  
Merchandise: Jeri G  
Program: Lori C  
Registration: Dominic T  
Entertainment: Robert W  
Hospitality: Lexie B  
Serenity Keepers: Paul S.

Finally, the "orientation" meeting for LRCNA 38 will be held on January 20<sup>th</sup> and soon thereafter we will begin final negotiations with the hotel there for a contract. Bob Singer and Ron Duggins will be primarily responsible for that.

Now for LRCNA 37, coming up in only 5 months. Rueben F. was elected as their treasurer and you may or may not know that Rueben has a landscaping and tree removal business. When Hurricane Florence hit the east coast Rueben indicated that he may step down as treasurer due to the amount of work for his business out of state. Then when Hurricane Michael hit, Rueben stated that he would resign, although no written resignation was ever received. In the absence of a written resignation, the board voted to remove him. The Vice-Chair of the HCC, Rock H., has now taken over as Treasurer and it seems likely that he will end up filling that vacancy permanently since nobody with the qualifications has come forward to be nominated.

I want to remind all of you to please, please, please, call the Clarion Hotel and make your reservations! (May 17-19, 2019). If you don't do that by the cutoff date (April 26<sup>th</sup>) then your room rate may end up being much higher than the convention rate of 85.00 / 95.00. The committee also asks that you please register for the convention in advance so that they can plan appropriately for the expected number of attendees. There are some concerns about space

limitations and the committee is considering some contingency plans in case of overcrowding but we do not want to commit funds for these if they are not needed. That's why we really need you to register in advance. You can do this through the website (LRCNA.ORG) or at any of the convention fundraisers. The next fundraiser by the way will be the Valentine's day function in Baton Rouge. There should be flyers out for that very soon.

The board held its annual elections for officers at the November 11, 2018 meeting. I was re-elected as chair, Bob Singer as Treasurer, and Denise Howell as Secretary. Denise also remains our Vendor Liaison and Ron Duggins remains as the Web Liaison. Virginia Williams was not present and election of Vice-Chair was therefore tabled to the next board meeting.

Finally, the board had a discussion about when bids should be put together, reviewed, and submitted to the RSC. We agreed that the bidding process should begin in January, 30 months prior to the convention. This will facilitate planning for LRCNA 2 years out and give us a much better negotiating position with hotels as well as more time for planning. In the event that nobody comes forward with a bid that early, it simply means the "window" is open and as soon as someone does get a valid bid together, it will be presented to the RSC for voting.

In loving service,  
For the LRCC Board  
Bob Storer, LRCC Chair



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BRASCNA

## **Valentine's Day Dance**

convention fundraiser

When: 9 February 2019

Where: TBD

Time: 6:00 PM - 10:00

Speaker @

7:30 PM

Food, Fellowship, Music, Speaker, 50/50 Auction  
Suggested Donation \$10

Regional Convention Fundraiser

### Contact

Ryan S. 225-329-7390

Pixie S. 225-335-4941

Steven W. 504-775-4388

# **Acadiana Area Pajama Jam**

**March 23, 2019**

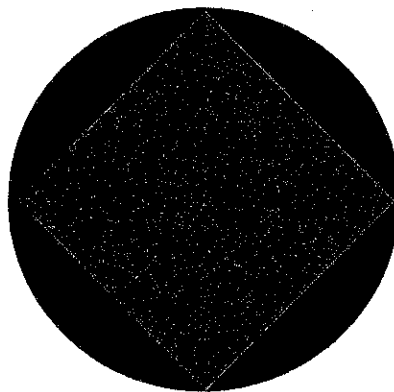
## **Acadiana Cares**

**809-811 Martin Luther King Dr. Lafayette, LA**

**\$10 suggested donation**

**No Addict turned away**

- **Wear PJ's Best dressed contest**
  - **6:00pm dinner**
  - **7:30 panel speakers**
    - **50/50 raffle**
    - **Dance**
- **Be a part of carrying the message**

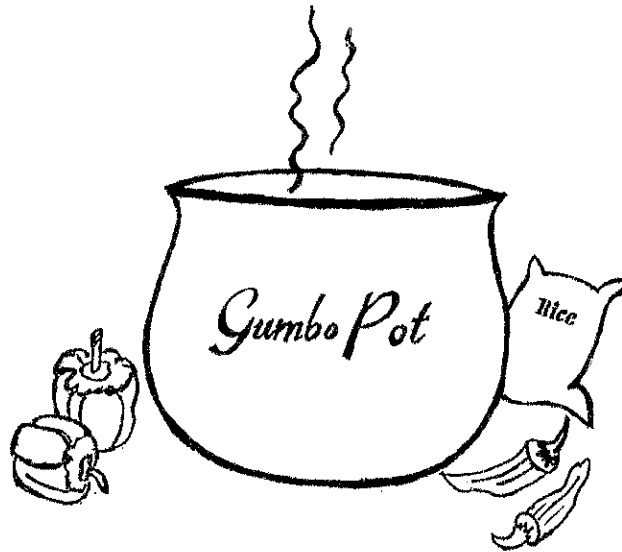


**Contact: Lori C. 504-939-2999 Christi C 337-342-8350**

LARNA'S  
*5th Annual Gumbo Cookoff*

March 30, 2019

*Saturday, March 30th, 2019*



*1217 Broad St. Lake Charles, LA 70601*

**( AGAPE GROUP )**

*11am-5pm*

\$20.00 Gumbo Entry Fee...

Judging starts at 1pm with \$5 A.Y.C.E. Gumbo bowls...

**Food, Fun, Fellowship with ALL.**

Speaker: Rob (Texarkana, TX)

@ 2pm

Contact: Melissa R 985-517-0257

# ~~LRCNA XXXVII Convention~~

*The Best Seats are in the Rooms!*

● Hosted By the Northshore Area Of NA ●

**May 17<sup>th</sup> - 19<sup>th</sup> 2019**

**Location: Clarion Inn, 501 North Highway 190  
Covington, LA 70433**

**Registration Chair: John R. 985-687-4816**

**Convention Chair: Ronnie P. 225-229-6396**

**Convention Vice Chair: Rock H. 985-215-2434**

**Registration \$30.00**

**Registration Information (print legibly)**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City/ State / Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Clean Date:** \_\_\_\_\_ **Area/Homegroup:** \_\_\_\_\_

**Registration:** \_\_\_\_\_ **@ \$30.00=** \_\_\_\_\_

**Newcomer Donation:** \_\_\_\_\_

**Total Enclosed:** \_\_\_\_\_

**Make checks payable to: LRCNA XXXVII**

**Mail registration & payments to: LRCNA XXXVII**

**P.O. Box 1155, Mandeville LA 70470**

For hotel reservations call 985-893-3580 and select option two.  
Please book under the "Narcotics Anonymous" group block.  
Group rate starts at \$85 per night. Deadline is April 26th.

*Want to Speak?* – Main Speaker 5+ years, Workshops 2+ years, Send Tapes, CD's to Programming at LRCNA XXXVII to P.O. Box 1155 Mandeville La 70470 or Contact Programming Chair: Melissa R. at 985-517-0257. You can also upload speaker files at LRCNA.org. Deadline is December 31st 2018.

# CONTACT INFORMATION

Registration  
Cheryl W.  
717-823-9187

Conference  
Information  
Donald L.  
717-710-1651

Anyone having  
special needs,  
please contact:

Hotel and Hospitality  
Carla M.  
717-542-3076

Merchandise  
Sherril P.  
717-341-7608

Programs  
Kysha W.  
717-333-8321

[www.marscna.org](http://www.marscna.org)

MARLCNA XXXV  
P.O. Box 502  
Lancaster, PA 17608



## MID-ATLANTIC REGIONAL LEARNING CONFERENCE

XXXV